



WORLD'S GREATEST



Sponsored by Healthy Start Coalition of Bay, Franklin & Gulf Counties

Thursday, April 4, 2024
4:00PM CST - 6:00PM CST
First United Methodist Church
903 E. 4th Street, Panama City
Please arrive by 4:00PM CST

If you are pregnant or have had a baby within the last six months, we invite you and your family to join us for this free community event!

No RSVP or advanced registration is needed.



healthystartbfg.com
(800) 895-9506

- Games (special game for dads)
- Community Resource Tables
- Tons of Door Prizes
- Giveaways
- Photo Booth



Bay Healthy Start Welcomes New Care Coordinator, Monica Velazquez



“Hello! My name is Monica Velazquez and I’m from the beautiful island of Puerto Rico. I moved to Panama City almost a year ago, and even though it is very different from my hometown, I’m very happy to call this place my new home. I’ve been working with children for almost four years and that’s something I

enjoy a lot. I have my Bachelor’s Degree in Psychology and my Master’s Degree in Counseling.

One of my favorite hobbies is discovering a good spot in nature to walk and relax, but in my free time you can find me practicing indoor cycling. My favorite season is fall, but when the temperature starts getting low it is a little “nightmare” for me, #TropicalGirl. I consider myself a foodie, believing the Puerto Rican, Mexican and Italian food to be the best in the world. If there is something that I can be helpful with, I am always more than happy to help and serve.

I’m very happy to be part of HS and learn from you all how to impact in the best way the life of every client.”

Board
Member
Spotlight



Katie
Oglesby

Bay County native Katie Oglesby is a 2007 J.R. Arnold High School graduate and has worked for Hutt Insurance Agency for eight years. As the matriarch of a large, blended family, she finds her position on the Board of Directors for BFG Healthy Start Coalition to be immensely satisfying. As someone who received assistance from Healthy Start, Katie is very proud to help others benefit from the program and return blessings back to her community. She is coming up on her 2nd Anniversary with the Coalition and looks forward to many more years of service.

HCA Gulf Coast Hospital Starlight Suite

On October 26, 2023 HCA Florida Gulf Coast Hospital held a ribbon cutting for the Starlight Suite with special dedication to Helping Hearts of the Junior Service League. The Starlight Suite is dedicated to women and families experiencing miscarriage, stillbirth or infant loss. Helping Hearts donated special supplies and decorations to help families feel more comfortable recovering and spending special moments with their baby after they have passed away. The Starlight Suites includes artwork, faux plants, books, twinkle lights, and other décor to help make the room feel more like a nursery. Families are invited to use the Cuddle Cot to allow for more time to spend with their baby.



Healthy Start's Virtual Lunch & Learn on

Medications for Opioid Disorders and Pregnancy

Thursday, March 28, 2024
12:00PM CST - 1:00PM CST

Presented by:
Kim Gandy, MS, ICADC, MCAP
Panama City Treatment Center



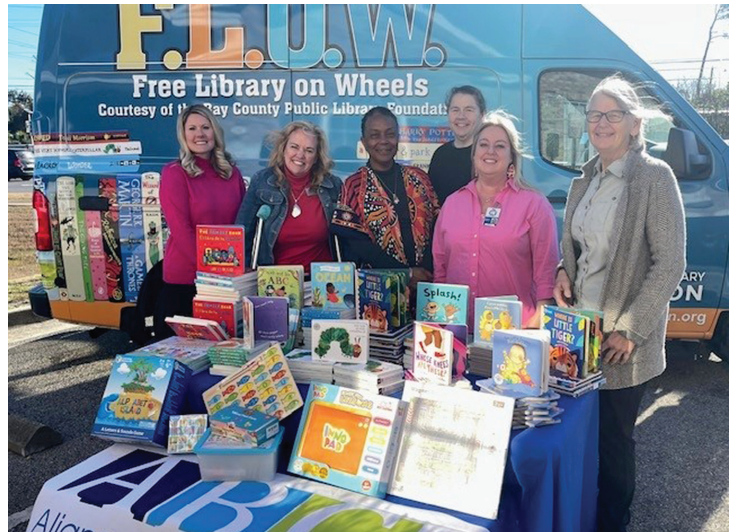
For more information on
Healthy Start programs and services,
please visit our [website](https://www.healthystartbfg.com)



Come learn about the
recommendations for
Medication for Opioid
Disorders during
Pregnancy

[Register Here!](#)

Healthy Start Coalition: Always Willing to Help Educate



PARENTING CLASS



ABOUT THIS CLASS

An unparalleled solution to build healthy relationships with kids while setting firm, loving limits that turn problem behaviors around.

DATE AND PLACE

March 13, 20, 27th at 5:30PM
210 East 11th Street
Panama City, Florida

OUR MAIN TOPICS



Relationship Building

Uses humor, hope, and empathy to build up the adult/child relationship



Implementing Practice

Teaches consequences and healthy decision-making



Register at stephanie.wood@bayhealthystart.org



Our team had a great time helping the After School Assistance Program with books and educational toys provided by the Alignment Bay County Early Learning Team and FLOW!

Healthy Start Coalition BFG Team



Left to Right:

Suzy Nadler, Associate Director
Kelly Byrns-Davis, Training & Quality Assurance Manager
Melanie Powell, Connect Community Referral Specialist
Tracey Leep, CIR Connect Specialist/FIMR Coordinator
Sharon Trainor, Executive Director

Healthy Start's Virtual Lunch & Learn on Distracted Parenting

Thursday, April 25, 2024
12:00PM CST - 1:00PM CST



Presented by:
Kelly Byrns-Davis
Training and Quality Assurance Manager
BFG Healthy Start Coalition, Inc.

For more information on
Healthy Start programs and services,
please visit our [website](http://www.healthystart.org)



Join us to learn tips to
prevent distracted
parenting.

Register Here!

Upcoming EVENTS

- 2/27 FIMR Meeting
- 3/6 GCCC Services Awareness Day
- 3/7 HS Quarterly Board of Directors Meeting
- 3/13 1st Parenting Class at GCCAC
- 3/14 CAG Quarterly Meeting
- 3/26 FIMR Meeting
- 3/28 HS Lunch & Learn on Medications for Opioid Disorders & Pregnancy
- 4/4 HS World's Greatest Baby Shower
- 4/23 FIMR Meeting
- 4/25 HS Lunch & Learn on Distracted Parenting
- 4/30 Gulf Franklin InterAgency Meeting
- 5/18 Weems Memorial Health Fair
- 5/28 FIMR Meeting

Visit Us Online!



www.healthystartbfg.com



HEALTHY START SERVICE LOCATIONS

BAY COUNTY

531 Jenks Ave. Suite C • Panama City, FL 32401
850-215-1320

ALL ABOUT WOMEN OBGYN

850-785-1517

EMERALD COAST OBGYN

769-0338

FRANKLIN COUNTY

139 12th Street • Apalachicola, FL 32320
850-653-2111

GULF COUNTY

2475 Garrison Ave. • Port St. Joe, FL 32456
850-227-1276

HEALTHY START COALITION

2101 Northside Drive, Unit 101
Panama City, FL 32405
850-872-4130

HEALTHY START BOARD OF DIRECTORS

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